

FOR PARENTS OF TWEENS, TEENS & YOUNG ADULTS

Connected Parenting Map

Changing the way you connect with their inner world begins with understanding your own.

You love your child — and something has shifted, leaving you wondering how to show up in the way they need right now. In one focused session, we explore your parenting style through conversation and story, identify the area you're ready to grow in, and build your capacity to respond instead of react.

WHAT YOU WALK AWAY WITH

- ◆ A 60-minute narrative coaching session
- ◆ A personalized written map or blueprint
- ◆ Specific changes for your next 90 days
- ◆ A one-time experience you return to on your terms

\$150

One-time experience
No recurring commitment

Ready to begin? Book your session today.

calendly.com/drlonnacoaches/connected-parent

drlonnagordon.com