

FOR YOUTH-SERVING PROFESSIONALS

Impact Advocate Blueprint

The very thing that makes you exceptional — your ability to truly connect — can also be the thing quietly draining you.

When genuine connection becomes unsustainable giving, it's time to look at how you're holding it all. In this focused session, we explore how you're showing up for the young people you serve, identify what a sustainable way of giving looks like for you, and build your capacity to stay present without losing yourself.

WHAT YOU WALK AWAY WITH

- ◆ A 60-minute narrative coaching session
- ◆ A personalized written map or blueprint
- ◆ Specific changes for your next 90 days
- ◆ A one-time experience you return to on your terms

\$150

One-time experience
No recurring commitment

Ready to begin? Book your session today.

calendly.com/drlonnacoaches/impactadvocate

drlonnagordon.com